

The Tradition of the Altar of Repose Pilgrimage



At the end of the Holy Thursday Mass, the Eucharist is placed on a temporary “altar of repose” away from the sanctuary....In the Roman Missal, it states: “The faithful are invited to continue adoration before the Blessed Sacrament for a suitable length of time during the night, according to circumstance.”

The Seven Churches Visitation is a tradition that grew out of this... Catholics remember when Jesus asked his disciples to stay and watch with Him while they were in the garden. The origin of the Seven Churches Visitation is typically credited to St. Philip Neri and is practiced by Catholics around the world.

The Seven Churches Visitation is a powerful way to spend time in adoration, meditating on Christ’s sacrifice of love for the salvation of souls in preparation for the joy of Easter.

Info from todayscatholic.org



Bring devotion to Christ in the Eucharist beyond Holy Thursday and into your everyday life.

Learn about what the Catholic Church in America is doing for Eucharistic revival.



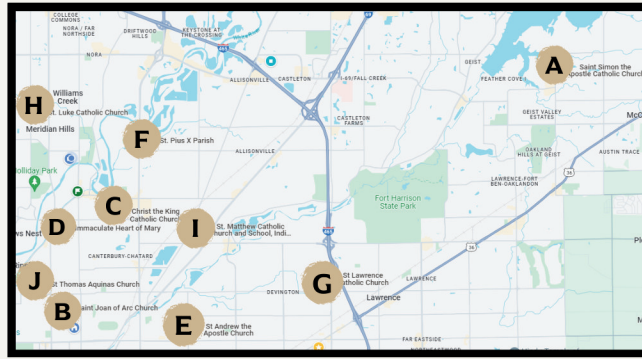
Holy Thursday

ALTAR OF REPOSE
SELF GUIDED TOUR
NORTH DEANERY

Self guided pilgrimage

The information here can be used as a guide to make your own altar of repose pilgrimage. While it is tradition to visit 7 churches, any number of churches you are able to visit is acceptable. It is recommended to keep the car silent or say prayers while you drive between each church.

At each church, you can pray your own prayers or say the Pange Lingua to yourself and reflect on the words. There is a plenary indulgence available to the faithful for the recitation of the **Tantum Ergo on Holy Thursday, before the altar of repose. (Manual of Indulgences 7:2)**



A St Simon the Apostle
8155 Oaklandon Road
Side Chapel
7:30 - 10:00 pm

B St Joan of Arc
4217 Central Ave
Chapel, 42nd Street Entrance
8:15 - 11:00 pm

C Christ the King
5884 N. Crittenden Ave
Chapel, Kessler Blvd entrance
8:15 - 11:00 pm

D Immaculate Heart of Mary
5692 Central Avenue
Gathering Space
7:15 - 9:00 pm

E St Andrew the Apostle
4052 E 38th St
Back of church
7:30 - 9:00 pm

F St Pius X
7200 Sarto Dr.
Narthex
7:30 - midnight

G St Lawrence
6944 E. 46th St.
Main Church
8:15 - 11:00 pm

H St Luke the Evangelist
7575 E Holliday Dr.
Daily Mass Chapel
8:30 - midnight

I St Matthew the Apostle
4100 E. 56th St.
Chapel
8:15 - 11:00 pm

J St Thomas Aquinas
4625 N. Kenwood Ave.
Chapel
8:15 - 10:00 pm

“Then He said to them,
'My soul is sorrowful
even to death. Remain here
and keep watch with me.'”
The Agony in the Garden,
Matthew 26:38

Pange lingua (Translated)

Written by St Thomas Aquinas 1263 A.D.

Sing, my tongue, the Savior's glory, of His flesh the
mystery sing; of the Blood, all price exceeding,
shed by our immortal King, destined, for the world's
redemption, from a noble womb to spring.

Of a pure and spotless Virgin born for us on earth
below, He, as Man, with man conversing, stayed, the
seeds of truth to sow; then He closed in solemn order
wondrously His life of woe.

On the night of that Last Supper, seated with His
chosen band, He the Pascal victim eating, first fulfills
the Law's command; then as Food to His Apostles gives
Himself with His own hand.

Word-made-Flesh, the bread of nature by His word to
Flesh He turns; wine into His Blood He changes; what
though sense no change discerns? Only be the heart in
earnest, faith her lesson quickly learns.

Down in adoration falling, Lo! the sacred Host we hail,
Lo! oe'r ancient forms departing; Newer rites of grace
prevail; Faith for all defects supplying, Where the
feeble senses fail.

To the everlasting Father, And the Son Who reigns on
high With the Holy Spirit proceeding forth from each
eternally, Be salvation, honor blessing, Might and
endless majesty. Amen.